

LENT

He fasted for forty days and forty nights

'Repent and believe the Good News' - Lent is a time to change...

What is repentance?

It is a change of mind that leads to a change of heart that leads to a change in actions. This change involves both turning away from selfishness and sin and turning to God and our neighbour.

Changing our Minds and Hearts
through spiritual engagement.

Weekday Mass	9:15am Tues to Fri 10am Sat
Lent Study Groups	7pm Tuesdays – Parish House St Paul's Letter to the Ephesians
Anthony Gielty	7pm Tues 13 th March Out of the Darkness
Exposition and Rosary	10:30am Every Sat (after 10am mass)
Stations of the Cross	7pm Every Wed

N.B. The Church is open Tues to Sat 8:30am – 5pm